



RAMBLERS' TASTER WALKS

Enjoyed walking during lockdown?

Try our FREE weekly guided walks for 6 weeks (light permitting)

Starting from Poolsbrook Pavilion at 6pm on Monday evenings.

First walk on 7th September.

Easy increases from 2 miles, to 3 miles and then 4 miles

Due to Corona virus places are limited to 8 people plus leaders so booking is essential.

We would like people to attend all the walks, if possible, as the aim is to gradually increase the distance walked.

Please:

- wear suitable footwear ie boots or strong shoes or trainers
- bring a face mask

We will provide hand sanitiser.

To book a place and for more information please contact

Mel on **01246 472805** or **07732 923862**